

**MAJOR EXTENSION PROGRAMS
STATE UNIVERSITIES & COLLEGES**

ACCOMPLISHED (2024)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	AKBAY (Alalay sa mga Katutubong Badjau tungo sa pagAhon at pagYabong)	Community Development	Empowering the Sama-Badjau tribe members through basic literacy program for adult tribe members, capacity building, physical fitness, and talent workshops.
	Kabute at Pukyutan: A Livelihood Program for Farmers Association in Tiaong Quezon	Agriculture and Rural Development	Improving the lives of the farmers in Tiaong, Quezon by providing technical assistance through seminars and training on the importance, processing, and marketing of mushroom and bee products.
	"CATAN-A-WAN" (CATANauan: Adopted Municipality for the Welfare And Development of the Neighborhood	Community Development	Giving awareness on water and waste management. It shall also provide training-workshops on the computer, electronics, electrical, entrepreneurship, and welding, and introduce technologies like solar and pumps. With this, participants will develop their awareness, knowledge, and skill to help them and their community start alternative income sources.
	Timbang mo, Alamin mo at Babantayan ko	Health and Nutrition	This project envisioned to develop clients to practice positive health outcome by employing change in eating habit and practices and be engaged in healthy active lifestyle activities among the selected solo parent members. This also aims to create a positive health outcome and to manage their weight to prevent the risk of having obesity related problems.
	Inter-Actions: An International Webinar Series on Language & Communication Studies	Literacy and Informed Citizenry	This project will provide a platform through a webinar on which to discuss the current developments in language and communication studies. This also envision to create better name recall of Southern Luzon State University as a

			Philippine center of academic conversations in language and communication studies in the global stage.
	Project DATE (Development of Advanced Training Course Modules, Training of Mathematics Teachers, and Participatory Evaluation)	Literacy and Informed Citizenry	This project aims to develop the content knowledge of Mathematics Teachers in the following areas: Patterns and Algebra; Geometry; and Statistics and Probability. This could also result to the improvement of mathematical competence of thousands of high school students in Binulasan Integrated School, Infanta National High School, Langgas National High School, and Infanta National High School.
	SLSU-REED+Plus – An Intervention Model for Research, Extension, Enterprise & Policy Development Continuum	Community Development Good governance	This project aims to promote research, extension and enterprise developed in the community. Design and implement project, activities and interventions that promote sustainable utilization of the natural resources, new livelihood opportunities, and policy development that support local economic development.
	Skills Training for Out-of-School Youth and Displaced Workers	Community Development	This project will conduct skills training for the Out-of-School Youth who are not able to continue the alternative sources of education and displaced workers of Lucban, Quezon
	Project CROP-PDL: Creating Continual Resources thorough Organic Plant Production amond the Persons Deprived of Liberty	Community Development	The general objective of the project is to conduct training on urban gardening to the persons deprived of liberty (PDLs) at Lucena City District Jail.

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ON-GOING (2025)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Re-organization and Re-establishment of AMIA San Francisco Farmers' Cooperative	Good governance	This project aims to assist the AMIA villagers in forming or establishing their cooperative. Through this effort, it is expected that AMIA villagers will establish and organize their own cooperative and give stronger involvement in the value chain and increasing their market power.
	SOCOOP: Sustainable Operation of community-based COOPeratives in Quezon through mentorship	Literacy and Informed Citizenry	This project aims to provide guidelines for developing a mentoring program for the sustainability of operations of cooperatives. From the introduction of mentoring approach, development of mentoring program for the cooperatives to the initial implementation of such mechanism will be covered by this program through the CABHA-GS faculty, local (QFUC) and international (Catalyste+) partners on this undertaking.
	Island Pineapple: Advancing Production through Sustainable Operations	Community Development	This project aims to strengthen the pineapple production for sustainable operation of pineapple producers in Panukulan, Quezon and nearby municipalities through training and capacity building.
	Capacitating Coastal Barangays in Mauban, Quezon on Management Development Plan	Good Governance and Environmental Governance	The objective of this project is to build the understanding of the concept and need for ecosystem approach to fisheries management and acquire necessary skills and knowledge to be able to develop, implement and monitor EAFM plan for better management to capture fisheries.

	Uplifting Cooperative Transparency through Optimization of Technology for Financial Recording and Reporting	Literacy and Informed Citizenry	To capacitate MAKABARYO ABANG KALANGAY ALILIW TRANSPORT COOPERATIVE (MAKA TC) in Lucban, Quezon in implementing a digitalized financial recording and reporting system
	Baga Mo Alaga Ko	Health and Nutrition	This project will assist the government in diagnosing and evaluating people with TB thru Chest X-ray examination. This will also aim to reduce the possible spread of disease in the community. Doing such, healthy and beyond mediocrity quality life among the people in the community can be achieved.
	Linking government, organization, and communities for healthy and sustainable	Agriculture and Rural Development and Environmental Governance	The project aims to establish an urban green space in Valenzuela City using native/indigenous tree species.
	MAUBAN (Municipality And University Building Alliance for Nation-building): Community-based Mental Health Awareness and Intervention Program	Community Development Health and Nutrition	This project aims to provide mental health services in the community and in the workplace by raising mental health awareness, acquiring knowledge and skills through the specialized trainings, and improving their well-being through counseling, psychotherapy, and rehabilitation.
	Salin: A Gender-Sensitive Training-Workshop in Language Translation	Literacy and Informed Citizenry	It aims to provide knowledge and information in translation. It will assist teachers to broaden their experience in translating documents and to use gender-fair language appropriately. Also, this program will be able to help them to translate apt meaning of a word or a sentence linguistically, semantically, and pragmatically. Through, first-hand experience in translation, this training will help them to become specialists in translation.
	Techno-Psych Serv: Technology-Based	Literacy and Informed Citizenry	The main objective of this extension project is to provide free mental health services to adult PWMDs and to help increase their level of functionality and psychological well-being. Of equal

	Psychological Services and Mental Health First Aid Training for Persons with Mental Disability (PWMD), Caregivers, and Community		importance to this is that the project also intends to increase the level of mental health literacy of these patients' adult family members/caregivers and the adult community responders in the area.
	The Natures Patrollers of Mt. Banahaw (Phase II)	Environmental Governance	To establish an organization from the two selected clusters (SQ and NL) that will be called "The Nature Patrollers of Mt. Banahaw."
	Habi agta: HanapBuhay mula kay Inang kalikasan para sa mga agta	Community Development	The main objective of this project is to have a sustainable livelihood for the Agta Community by conservation of their raw materials used in weaving.
	Bulati 2: Kalinisan Ay Palaganapin, Kalusugan Ay Pagyamanin	Health and Nutrition	This project aims to minimize the spread of infectious diseases among children in Barangay Nagsinamo, Lucban, Quezon
	LAKBAY: Enriching Local History and Culture for Elementary Teachers	Literacy and Informed Citizenry	The project aims to promote local history and enrich its knowledge by employing various activities and training for the locality members, especially those from the education sector, turning them into leaders and initiators in appreciating the history and culture of Lucban.
	DINSULAN: Quezon Writers Workshop	Literacy and Informed Citizenry	The main objective of this project is to equip the fellows with knowledge and resources needed to pursue writing endeavors through various sessions.

	Bantay Tubig: Training on Adaptation of Water-Related Events Web Based Information System`	Health and Nutrition	The project aims to enhance the knowledge and upskill the beneficiaries through capacity-building activities and conducting seminars and utilize the transferred technology, Water Related Events Web-based Information system
	Skills Development Training for Aftercare Program Beneficiaries in Lucban, Quezon	Community Development	The project aim to provide knowledge and skills to the beneficiaries of the Aftercare Program of MSWD of Lucban, Quezon. They will be able to apply the learned skills to generate additional income and create working opportunities for themselves
	E-SKUL: Edukasyon para Sa Kabataan Upang Labanan ang kahirapan	Livelihood and Skills Training Literacy and Informed Citizenry	The project aims to help alleviate poverty of the Out of School Youth through education. This will be done in Macalelon, Quezon with a poverty incidence of 19.16 and ranks 12th in the 2018 Poverty Incidence in Quezon Province. The project will provide series of seminars and trainings in computer literacy.
	Lead, Empower, Actuate, Deliver (LEAD): Training Course in Reinventing Leadership with the Learner's Context in Mind	Literacy and Informed Citizenry	Generally, this project aims to train participants to retool them about concepts in educational management. This is to address various educational challenges and issues in response to the fast-changing educational landscape in the country.
	Mentoring the Sports mentors: A Program towards Building Champions!	Literacy and Informed Citizenry	The project aim to produce certified coaches for public schools in Lucban, Quezon
	Nutritional product Utilization Towards Restoring Income sources for the Community (NUTRI-C)	Community Development	The project aims to provide livelihood opportunities to the house wives and husbands of Brgy. Manasa Lucban, Quezon, through a series of training which utilizes the raw materials in their area.

	WE ARE WELL: Healthy Eating, Moving, and Living!!!	Health and Nutrition	The project aims to develop a well community through a series of training by assisting individuals in the process of developing a personalized Individual Kit to cater to their specific needs and preferences. This involves providing guidance, resources, and assistance to ensure that each participant has a customized kit tailored to their unique requirements. By supporting participants in creating an Individual Kit, we aim to empower them to take control of their own well-being and be prepared for any situation that may arise. Our goal is to help individuals feel confident and self-sufficient by equipping them with the tools and resources they need to thrive in their daily lives.
	MUSICKING: A Music Literacy Enhancement Program for Public Elementary Teachers	Literacy and Informed Citizenry	The project main objective is to shape Elementary Music Teacher to be musically literate.
	CTEhanan at Turuan: A Training Program for Research Capability Enrichment among Selected Senior High School Teachers in Lucban, Quezon	Literacy and Informed Citizenry	This program intends to enrich knowledge, skills, and attitude of secondary school research teachers and uplift standards in selected aspects of conducting and teaching research.
	Kalinga at Kabuhayan para sa Kinabukasan	Community Development	The main objective of this project is to facilitate holistic development of Persons Deprived of Liberty (PDL).
	3FPs: Food Processing, Food Packaging, and Food Product labeling among the Barangay Underserved Residents	Community Development	To provide training to underserved residents in Barangay Camflora on processing techniques, ensuring they acquire the knowledge and skills necessary to process food.

	VIRUS: Vigilant Innovations and Reinforcements for User Safety against cyber related problems in the 21st century	Literacy and Informed Citizenry	The general aim of the project entitled, "VIRUS: Vigilant Innovations and Reinforcements for User Safety against cyber related problems in the 21st century" is to strengthen knowledge of DNHS personnel and PTA Officers about cybersecurity and to familiarize them about RA 10175 by providing seminar-training with proper guidance and demonstrations.
	Adopt A Community of Dumagat In Brgy. Taluon Polillo, Quezon	Health and Nutrition Literacy and Informed Citizenry	This project aims to inculcate love of culture, improvement of way of living and promotion of education among Dumagat families and to empower Dumagats, living with improved health, embrace cultural and religious practices with self-confidence.
	Bida si Lolo at si Lola	Literacy and Informed Citizenry	To create a program for the senior citizens that will help them stay productive and independent citizens.
	Dwarf Coconut Demonstration Farm in SLSU Tayabas	Agriculture and Rural Development	Establishing a Coconut Demonstration project that will generate technology to be shared through extension services. The ultimate target is to increase coconut and improve its productivity and social and economic benefits.
	BOSIGON: Bosigon the Skills of Indigent Ginang through (Livelihood, Education, Health) Opportunities and Networks	Community Development	3ks sa Kababaihan, focuses on rural women empowerment and community development and provide them with opportunities through literacy, health seminar, and livelihood activities in the far-flung barrio in Tagkawayan, Quezon.
	Electronic Learning for Relevant Needs of Barangay Key officials of Metro Tagkawayan (e-Learn)	Literacy and Informed Citizenry	The general objective of this project is to technological skills to the Metro Barangay Key Officials

	FISH: Fisherfolks Intervention for Sustainable Livelihood Projects for Households in Coastal Communities of Tagkawayan	Community Development	This project aims to promote and transfer matured technology of fish processing among households in coastal communities of Tagkawayan.
	LEARN: Literacy Enrichment and Advancement of Reading and Numeracy through Empowering and Engaging 4Ps Parents	Literacy and Informed Citizenry	The goal of Program LEARN is to reduce learning gaps and promote academic success among elementary pupils who are members of the Pantawid Pamilyang Pilipino Program (4Ps) by enhancing their reading and numeracy skills through engaging parent- student collaborative activities and parental seminars.

**MAJOR EXTENSION PROGRAMS
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PROPOSED (2026)

NAME OF SUC	TITLE	NATURE	BUDGET	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Bagtasing Sama-sama ang Buhay na Angat (BSBA): An Enterprise Development Livelihood Program for the Farmer Members of Rural Improvement Club Federation in Lucban, Quezon	Community Development	211,000.00	This extension project aims to develop an enterprise for the improvement of socioeconomic status of the farmer members of Rural Improvement Club in Lucban, Quezon
	Bake and Brew (B&B) Empowering Solo Parents of Lucban withj New Skills for Sustainable Livelihood	Community Development	196,430.00	The general objective of the project is to empower solo parents of Lucban, Quezon by providing them with comprehensive training in food safety, baking, pastry, and barista skills, as well as business and customer service competencies. The project also aims to support their capacity to innovate, organize, or seek employment opportunities, ultimately enabling them to achieve sustainable and meaningful livelihoods.
	Kababaihan, Kabataan at Kultura (3K5Ps): Pangangalaga, Pangkabuhayan, at Pagpapaunlad sa Paglala ng Pandan: WEAIVING FUTURES: PANDAN WEAIVING A PATHWAY TO CULTURAL PRESERVATION AND	Gender and Development and Community Development	373,050.00	The objective of this project is to preserve pandan weaving tradition in Lusiana, Laguna through women and youth empowerment and ensure its relevance for future generations.

	LIVELIHOOD THROUGH WOMEN AND YOUTH EMPOWERMENT			
	Capacity Building on Raising Native Pigs and Meat Processing in Padre Burgos, Quezon	Community Development	120,210.00	The project aims to increase the family income of selected 4Ps beneficiary families by 10% by improving their native pig production system and offering alternative livelihood options.
	Green Opportunity for Managing Agroforestry in Sustainable Rubber Tree Cultivation and Processing – GOMA	Environment Governance and Community Development	170,400.00	The general objective of the project is to establish a sustainable rubber plantation and enhance the knowledge, skills and desirable attitudes in performing rubber production and to promote environmental and socio-economic benefits in the local community.
	Sustaining Organic Agriculture Development (SOAR) Project	Community Development	250,000.00	The project aims to enhance the capacity of farmers in sustaining the organic agriculture production and arrest food insecurity.
	Healthy Environment, Healthy Communities: A Mt. Banahaw de Lucban Stakeholders Capacity Building towards Sustainable Environment	Environment Governance and Community Development	136,100.00	The general objective of this project is to capacitate the stakeholders and Barangay officials in the protection, conservation and management of Mt. Banahaw de Lucban
	Gatas ang Lunas	Health and Nutrition	710,000.00	The project aims to empower and educate communities about the importance of breastfeeding and human milk donation.

	Adolescent Health and Development "Nanay na si Nene"	Health and Nutrition	50,000.00	The project to increase the level of knowledge of adolescent pregnant women about pregnancy and to prevent the risk of complication during Adolescent pregnancy and delivery and post-partum by maintaining healthy lifestyle during and after pregnancy
	PAG AARI KO, AALAGAAN KO: Male Reproductive System Care Management	Health and Nutrition	113,600.00	The project aims to promote health education on the proper care management of male reproductive system among adult clientele.
	Masel at Buto, Para sa Trabaho: Musculoskeletal Health Promotion and Wellness	Health and Nutrition	66,900.00	The "Masel at Buto para sa Trabaho" is an extension project of the faculty of the College of Allied Medicine- BS in Radiologic Technology intended for SLSU TODA members who experienced musculoskeletal discomfort to develop awareness about musculoskeletal injuries, risk factors, and appropriate measures for its prevention.
	Kasangga sa Kahandaan, Kaligtasan at Kalusugan sa Kanayunan: A Community-Based Extension Program for Strengthening Health and Safety Preparedness in Rural Barangays" or The 5Ks Program	Health and Nutrition	218,000.00	To strengthen the capacity of BHERT members in selected rural barangays of Lucban, Quezon in disaster preparedness, emergency response, and basic health promotion through a collaborative extension program.

	Enhancement Training Program for Senior High School Mathematics Teacher 3	Literacy and Informed Citizenry	228,360.00	The main objective of this project is to enhance the skills and knowledge of senior high school teachers in calculus, and probability and statistics subjects.
	BRIDGE 5: Barangay Readiness Initiative for Development, Growth, and Employment in Barangay 5, Lucban, Quezon	Community Development	171,000.00	This project aims to empower and capacitate the out-of-school youth and undergraduates of Barangay 5, Lucban, Quezon through electronics and marketing training programs, facilitating their return to the educational system and providing access to employment and livelihood opportunities.
	Sustainable Heritage: Rehabilitating Malaking Bambang with Solar Technology	Community Development	160,750.00	This project aims to rehabilitate the Malaking Bambang canal in Barangay 5, Lucban, Quezon, by enhancing its cultural significance and safety through the installation of solar-powered lighting, while fostering community engagement and promoting sustainable practices for long-term environmental stewardship and economic growth.
	SAFE HIV/AIDS: Spreading Awareness and Facilitating Education on HIV / AIDS	Health and Nutrition	359,450.00	This extension program intends to enrich knowledge and attitude towards HIV/AIDS, mental health, and SOGIE through seminar, campaigns, and training.
	KALINGA (Knowledge and skills Amplifications on Livelihood and eNtrepreneuership; empowerinG single pArents)	Community Development	144,750.00	Equip solo parents in Barangay Manasa, Lucban, Quezon, with livelihood skills through a series of training programs focused on current trends in small-scale business.
	INDAK QUEZON 3.0: Philippine Folk Dance Workshop	Literacy and Informed Citizenry	150,000.00	The project aims to provide quality folk dance training and skills to dance educators and student dancers.

	TEC4K - Technology Enhancement Capability for 4K Members of Alabat, Quezon	Community Development	28,000.00	The goal of this project is to prepare 4K members in delivering 21st century skills by enhancing their capability in Information and communication technology.
	REBUILD: Reinventing Education, Beyond Incarceration through Life Development	Community Development	229,000.00	The goal of this program is to empower persons deprived of liberty (PDLs) at BJMP Gumaca by providing a comprehensive, transformative education that enhance their health, education, vocational skills, and psychosocial well-being. The program aims to equip PDLs with the necessary knowledge, skills, and emotional resilience to break the cycle of recidivism, reduce the barriers to successful reintegration, and improve their quality of life.
	CREATE: Community Resource for Entrepreneurial Advancement through Technology and Education	Community Development	172,200.00	Project CREATE aims to empower small business owners in Lucena City with essential skills in website development, mobile application creation, and digital marketing strategies, enabling them to succeed in the digital economy.
	R.O.A.D. to ALS: Rebuilding Out-of-School Adults' Dreams through Education	Literacy and Informed Citizenry	90,000.00	To provide literacy and numeracy education to out-of-school fishermen in Barangay Barra, Lucena City, equipping them with the necessary skills and knowledge to complete their primary education through the Alternative Learning System (ALS) and improve their socio-economic opportunities.



AKBAY (Alalay sa mga Katutubong Badjau tungo sa pagAhon at pagYabong)

Empowering the Sama-Badjau tribe members through basic literacy program for adult tribe members, capacity building, physical fitness, and talent workshops.

Project Duration: July 2021 – June 2024





SALIN: A Gender-Sensitive Training Course in Language Translation

It aims to provide knowledge and information in translation. It will assist teachers to broaden their experience in translating documents and to use gender-fair language appropriately. Also, this program will be able to help them to translate apt meaning of a word or a sentence linguistically, semantically, and pragmatically. Through, first-hand experience in translation, this training will help them to become specialists in translation.

Project Duration: January 2024 – June 2025





Habi agta: HanapBuhay mula kay Inang kalikasan para sa mga agta

The main objective of this project is to have a sustainable livelihood for the Agta Community by conservation of their raw materials used in weaving.

Project Duration: March 2025 – February 2027





Project CROPP-PDL: Creating Continual Resources through Organic Plant Production among the Persons Deprived of Liberty

Conducts training on urban gardening to the persons deprived of liberty (PDLs) at Lucena City District Jail. This will also empower the PDLs in having a sustainable source of food and livelihood that will hone them as more productive citizens.

Project Duration: September 1, 2022 – August 31, 2024





FISH: Fisherfolks Intervention for Sustainable Livelihood Projects for Households in Coastal Communities of Tagkawayan

This project aims to promote and transfer matured technology of fish processing among households in coastal communities of Tagkawayan.

Project Duration: October 2023 – September 2026





CATAN-A-WAN: CATANauan Adopted Municipality for the Welfare and Development of the

Giving awareness on water and waste management. It shall also provide training-workshops on the computer, electronics, electrical, entrepreneurship, and welding, and introduce technologies like solar and pumps. With this, participants will develop their awareness, knowledge, and skill to help them and their community start alternative income sources.

Project Duration: July 2021 – June 2023

